



Proclamation

Presented

In Recognition of National Dental Hygiene Month

WHEREAS, the Hawaii Dental Hygienists' Association is the premier organization in the State of Hawai'i representing dental hygiene professionals, and joins the American Dental Hygienists' Association in recognizing **National Dental Hygiene Month** throughout the month of October, 2011, to raise awareness about the importance of maintaining good oral hygiene; and

WHEREAS, the Hawaii Dental Hygienists' Association recognizes this year's theme, "Healthy Habits for a Healthy Smile," focusing on ways to incorporate a simple oral health regimen into a busy lifestyle, in order to maintain optimal oral health; and

WHEREAS, the Hawaii Dental Hygienists' Association's mission is "to advance the art of science of dental hygiene by ensuring access to quality healthcare" and "to increase awareness of the cost-effective benefits of prevention through promoting the highest dental hygiene standards of education, licensure, practice and research"; and

WHEREAS, the Hawaii Dental Hygienists' Association promotes the principles of "Brush, Floss, Rinse, Chew" to improve one's oral health:

- **Brush:** Brushing your teeth for two minutes at least twice a day remains a critical component to maintaining a healthy smile;
- **Floss:** Flossing or interdental cleaning removes plaque and food particles in places where a toothbrush cannot easily reach – under the gum line and between your teeth;
- **Rinse:** Rinsing your mouth each day with an anti-microbial mouth rinse is an important step in preventing gingivitis;
- **Chew:** Chewing sugar-free gum after eating is clinically proven to be an important part of good oral health;

THEREFORE I, NEIL ABERCROMBIE, Governor, and I, BRIAN SCHATZ, Lieutenant Governor of the State of Hawai'i, do hereby proclaim the month of October, 2011 as

"NATIONAL DENTAL HYGIENE MONTH"

in Hawai'i and urge the people of the Aloha State to support the Hawaii Dental Hygienists' Association and its goals of raising awareness about good oral hygiene practices.

DONE at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this twenty-ninth day of September, 2011.


NEIL ABERCROMBIE
Governor, State of Hawai'i


BRIAN SCHATZ
Lt. Governor, State of Hawai'i